

Programmanr. 11  
17-11-2019 - 13:33

Heren, 1500m vrije slag

Senioren Open  
Resultaten

Nederlands Record 14:30.14 Job Kienhuis 13-033 Saint Petersburg (RUS) 2011

rang	naam	vereniging	intijd	tijd	RT	
<b>Juniores 1 en 2</b>						
1.	Lars Servaas	PSV	19:37.46	200600377	18:58.53 +0,68	
	50m: 32.47	300m: 3:41.78	550m: 6:54.39	800m: 10:05.80	1050m: 13:16.42	1300m: 16:28.24
	100m: 1:09.41	350m: 4:20.06	600m: 7:32.79	850m: 10:43.74	1100m: 13:54.99	1350m: 17:06.64
	150m: 1:47.02	400m: 4:58.77	650m: 8:11.23	900m: 11:21.83	1150m: 14:33.00	1400m: 17:44.52
	200m: 2:25.00	450m: 5:37.17	700m: 8:49.74	950m: 12:00.18	1200m: 15:11.39	1450m: 18:22.07
	250m: 3:03.34	500m: 6:15.81	750m: 9:27.93	1000m: 12:38.07	1250m: 15:49.45	1500m: 18:58.53
2.	Lucas van Rooij	PSV	19:57.67	200603943	19:10.34 +0,74	
	50m: 33.26	300m: 3:43.44	550m: 6:56.17	800m: 10:08.37	1050m: 13:23.51	1300m: 16:38.73
	100m: 1:09.90	350m: 4:22.48	600m: 7:34.83	850m: 10:47.26	1100m: 14:02.60	1350m: 17:17.65
	150m: 1:47.89	400m: 5:01.00	650m: 8:13.73	900m: 11:26.51	1150m: 14:41.96	1400m: 17:56.41
	200m: 2:26.39	450m: 5:39.01	700m: 8:51.88	950m: 12:05.65	1200m: 15:20.92	1450m: 18:34.42
	250m: 3:04.82	500m: 6:17.64	750m: 9:29.88	1000m: 12:44.65	1250m: 16:00.16	1500m: 19:10.34
3.	Cas Krijger	Trb/Res	21:21.24	200601389	20:32.52 +0,84	
	50m: 32.43	300m: 3:51.57	550m: 7:21.23	800m: 10:53.91	1050m: 14:27.20	1300m: 17:56.32
	100m: 1:10.92	350m: 4:32.96	600m: 8:03.28	850m: 11:37.06	1100m: 15:08.86	1350m: 18:37.25
	150m: 1:50.22	400m: 5:14.74	650m: 8:46.51	900m: 12:18.93	1150m: 15:50.96	1400m: 19:18.95
	200m: 2:30.25	450m: 5:57.38	700m: 9:28.43	950m: 13:02.41	1200m: 16:33.13	1450m: 19:58.15
	250m: 3:11.10	500m: 6:39.02	750m: 10:10.72	1000m: 13:44.43	1250m: 17:14.54	1500m: 20:32.52
4.	Milco Matla	PSV	21:26.04	200600555	20:33.07 +0,81	
	50m: 34.68	300m: 3:58.33	550m: 7:27.78	800m: 10:55.93	1050m: 14:24.03	1300m: 17:52.44
	100m: 1:14.46	350m: 4:39.86	600m: 8:09.91	850m: 11:37.18	1100m: 15:05.77	1350m: 18:33.91
	150m: 1:55.09	400m: 5:21.77	650m: 8:51.35	900m: 12:18.55	1150m: 15:47.97	1400m: 19:15.18
	200m: 2:35.84	450m: 6:03.76	700m: 9:32.14	950m: 13:00.40	1200m: 16:29.49	1450m: 19:55.88
	250m: 3:16.89	500m: 6:45.69	750m: 10:14.14	1000m: 13:42.09	1250m: 17:11.70	1500m: 20:33.07
<b>Juniores 3 en 4</b>						
1.	David Groenewegen	PSV	16:23.81	200400469	16:03.01 +0,76	
	50m: 28.58	300m: 3:09.31	550m: 5:50.31	800m: 8:32.31	1050m: 11:13.21	1300m: 13:54.84
	100m: 1:00.33	350m: 3:41.52	600m: 6:22.54	850m: 9:04.02	1100m: 11:45.45	1350m: 14:27.70
	150m: 1:32.47	400m: 4:13.90	650m: 6:54.97	900m: 9:35.99	1150m: 12:17.91	1400m: 14:59.96
	200m: 2:04.54	450m: 4:46.29	700m: 7:27.68	950m: 10:08.58	1200m: 12:50.22	1450m: 15:32.41
	250m: 2:37.01	500m: 5:18.29	750m: 8:00.08	1000m: 10:41.16	1250m: 13:22.43	1500m: 16:03.01
2.	Koen Vissers	PSV	17:34.10	200401429	16:51.04 +0,81	
	50m: 29.92	300m: 3:15.38	550m: 6:05.88	800m: 8:57.49	1050m: 11:48.45	1300m: 14:37.81
	100m: 1:02.19	350m: 3:49.03	600m: 6:40.11	850m: 9:31.78	1100m: 12:22.13	1350m: 15:11.48
	150m: 1:34.90	400m: 4:22.87	650m: 7:14.34	900m: 10:05.84	1150m: 12:55.95	1400m: 15:45.58
	200m: 2:08.03	450m: 4:57.00	700m: 7:48.79	950m: 10:40.47	1200m: 13:30.27	1450m: 16:19.76
	250m: 2:41.47	500m: 5:31.08	750m: 8:22.96	1000m: 11:14.54	1250m: 14:04.14	1500m: 16:51.04
3.	Sven ten Hove	De Krabben	18:41.82	200500273	18:08.24 +0,63	
	50m: 30.97	300m: 3:27.49	550m: 6:30.68	800m: 9:35.71	1050m: 12:41.07	1300m: 15:45.91
	100m: 1:05.25	350m: 4:04.05	600m: 7:07.89	850m: 10:12.38	1100m: 13:17.91	1350m: 16:22.26
	150m: 1:40.53	400m: 4:40.53	650m: 7:45.01	900m: 10:49.22	1150m: 13:55.31	1400m: 16:58.62
	200m: 2:15.77	450m: 5:17.35	700m: 8:22.03	950m: 11:26.46	1200m: 14:32.18	1450m: 17:34.23
	250m: 2:51.50	500m: 5:53.47	750m: 8:59.08	1000m: 12:03.82	1250m: 15:09.36	1500m: 18:08.24
4.	Justin Steenkamp	PSV	19:31.06	200404133	18:50.32 +0,71	
	50m: 31.74	300m: 3:33.18	550m: 6:39.94	800m: 9:50.29	1050m: 13:01.36	1300m: 16:16.15
	100m: 1:06.82	350m: 4:09.53	600m: 7:16.64	850m: 10:28.22	1100m: 13:39.93	1350m: 16:54.85
	150m: 1:43.20	400m: 4:46.53	650m: 7:56.19	900m: 11:05.80	1150m: 14:19.29	1400m: 17:34.11
	200m: 2:19.86	450m: 5:24.00	700m: 8:33.64	950m: 11:44.04	1200m: 14:58.35	1450m: 18:13.21
	250m: 2:55.89	500m: 6:01.96	750m: 9:11.86	1000m: 12:22.47	1250m: 15:37.55	1500m: 18:50.32
5.	Lars Minnaert	V.Z.V. Njord	19:43.57	200502355	19:29.82 +0,71	
	50m: 32.34	300m: 3:41.17	550m: 6:57.07	800m: 10:16.59	1050m: 13:37.59	1300m: 16:56.88
	100m: 1:08.64	350m: 4:20.22	600m: 7:37.14	850m: 10:57.13	1100m: 14:17.99	1350m: 17:36.00
	150m: 1:46.16	400m: 4:59.08	650m: 8:16.73	900m: 11:37.31	1150m: 14:57.74	1400m: 18:15.91
	200m: 2:24.26	450m: 5:38.40	700m: 8:56.41	950m: 12:17.20	1200m: 15:37.20	1450m: 18:53.53
	250m: 3:02.20	500m: 6:17.45	750m: 9:36.55	1000m: 12:57.40	1250m: 16:17.11	1500m: 19:29.82
6.	Tijs Sauren	HZV Lutra	21:06.41	200402759	19:31.19 +0,51	
	50m: 32.49	300m: 3:49.08	550m: 7:06.90	800m: 10:25.86	1050m: 13:44.16	1300m: 17:01.25
	100m: 1:09.93	350m: 4:28.34	600m: 7:46.92	850m: 11:05.29	1100m: 14:23.74	1350m: 17:39.21
	150m: 1:48.96	400m: 5:07.83	650m: 8:26.29	900m: 11:44.98	1150m: 15:03.35	1400m: 18:16.98
	200m: 2:28.27	450m: 5:47.94	700m: 9:06.17	950m: 12:25.05	1200m: 15:42.86	1450m: 18:54.54
	250m: 3:08.01	500m: 6:27.38	750m: 9:46.06	1000m: 13:04.52	1250m: 16:22.53	1500m: 19:31.19
7.	Wouter van Hest	Trb/Res	21:32.33	200501301	21:04.45 +0,76	
	50m: 32.35	300m: 3:54.41	550m: 7:28.80	800m: 11:06.13	1050m: 14:41.22	1300m: 18:17.07
	100m: 1:10.78	350m: 4:37.29	600m: 8:12.41	850m: 11:48.43	1100m: 15:24.37	1350m: 19:00.54
	150m: 1:50.99	400m: 5:19.18	650m: 8:55.12	900m: 12:32.15	1150m: 16:08.27	1400m: 19:43.18
	200m: 2:32.19	450m: 6:02.08	700m: 9:38.28	950m: 13:15.22	1200m: 16:51.81	1450m: 20:25.71
	250m: 3:13.49	500m: 6:45.18	750m: 10:22.23	1000m: 13:57.84	1250m: 17:35.48	1500m: 21:04.45

Programmanr. 11, Heren, 1500m vrije slag

Jeugd 1 en 2

1. Lucas Peters	Nextline Swimming	16:17.10	200301325	15:53.84	+0,69
50m: 29.42	300m: 3:09.50	550m: 5:50.12	800m: 8:30.83	1050m: 11:10.83	1300m: 13:49.72
100m: 1:00.99	350m: 3:41.41	600m: 6:22.63	850m: 9:02.98	1100m: 11:42.51	1350m: 14:21.57
150m: 1:32.94	400m: 4:13.37	650m: 6:54.19	900m: 9:35.02	1150m: 12:14.29	1400m: 14:53.28
200m: 2:05.00	450m: 4:45.62	700m: 7:26.24	950m: 10:07.05	1200m: 12:46.10	1450m: 15:24.57
250m: 2:37.48	500m: 5:17.84	750m: 7:58.58	1000m: 10:38.78	1250m: 13:17.97	1500m: 15:53.84
2. Lars Verhalle	PSV	16:19.61	200200019	16:08.16	+0,73
50m: 29.02	300m: 3:09.24	550m: 5:50.02	800m: 8:32.23	1050m: 11:16.39	1300m: 14:01.14
100m: 1:00.77	350m: 3:41.12	600m: 6:22.64	850m: 9:04.71	1100m: 11:49.45	1350m: 14:33.28
150m: 1:32.81	400m: 4:13.14	650m: 6:54.96	900m: 9:37.37	1150m: 12:22.27	1400m: 15:05.55
200m: 2:04.83	450m: 4:45.44	700m: 7:26.81	950m: 10:10.20	1200m: 12:55.11	1450m: 15:38.02
250m: 2:37.25	500m: 5:17.89	750m: 7:59.51	1000m: 10:43.08	1250m: 13:28.00	1500m: 16:08.16
3. Luc van Eijndhoven	PSV	16:53.63	200200139	16:50.22	+0,80
50m: 30.09	300m: 3:18.01	550m: 6:06.66	800m: 8:54.48	1050m: 11:43.95	1300m: 14:34.59
100m: 1:02.98	350m: 3:51.96	600m: 6:40.11	850m: 9:28.36	1100m: 12:17.84	1350m: 15:08.88
150m: 1:36.34	400m: 4:25.55	650m: 7:13.70	900m: 10:01.94	1150m: 12:52.04	1400m: 15:42.86
200m: 2:10.10	450m: 4:59.19	700m: 7:47.36	950m: 10:36.22	1200m: 13:26.34	1450m: 16:17.03
250m: 2:43.86	500m: 5:32.84	750m: 8:20.96	1000m: 11:10.19	1250m: 14:00.61	1500m: 16:50.22
4. Ricardo Jansen	Arethusa	18:53.75	200301055	19:11.26	+0,91
50m: 32.06	300m: 3:35.88	550m: 6:47.66	800m: 10:03.28	1050m: 13:20.81	1300m: 16:37.03
100m: 1:07.50	350m: 4:13.63	600m: 7:26.90	850m: 10:42.92	1100m: 14:00.60	1350m: 17:16.64
150m: 1:43.92	400m: 4:51.62	650m: 8:05.48	900m: 11:22.13	1150m: 14:40.09	1400m: 17:55.74
200m: 2:20.71	450m: 5:30.04	700m: 8:44.95	950m: 12:01.94	1200m: 15:19.81	1450m: 18:33.84
250m: 2:58.36	500m: 6:09.04	750m: 9:24.22	1000m: 12:41.41	1250m: 15:58.02	1500m: 19:11.26

Senioren

1. Chad Michau	PSV	15:40.20	200005653	15:37.87	+0,77
50m: 28.43	300m: 3:00.78	550m: 5:36.41	800m: 8:13.77	1050m: 10:52.08	1300m: 13:31.70
100m: 58.68	350m: 3:32.01	600m: 6:07.69	850m: 8:45.40	1100m: 11:23.80	1350m: 14:03.73
150m: 1:28.95	400m: 4:02.95	650m: 6:38.91	900m: 9:16.80	1150m: 11:55.78	1400m: 14:35.55
200m: 1:59.50	450m: 4:34.02	700m: 7:10.45	950m: 9:48.63	1200m: 12:27.75	1450m: 15:06.94
250m: 2:30.15	500m: 5:05.20	750m: 7:42.18	1000m: 10:20.52	1250m: 12:59.64	1500m: 15:37.87
2. Janne Englebort	Hieronymus	16:55.87	200101561	17:00.89	+0,73
50m: 30.29	300m: 3:23.07	550m: 6:16.74	800m: 9:07.84	1050m: 11:57.97	1300m: 14:47.42
100m: 1:04.09	350m: 3:57.77	600m: 6:51.12	850m: 9:41.73	1100m: 12:31.89	1350m: 15:21.24
150m: 1:38.37	400m: 4:32.42	650m: 7:25.40	900m: 10:15.83	1150m: 13:05.71	1400m: 15:55.19
200m: 2:13.18	450m: 5:07.07	700m: 7:59.52	950m: 10:49.93	1200m: 13:39.63	1450m: 16:28.69
250m: 2:48.25	500m: 5:42.05	750m: 8:33.72	1000m: 11:24.11	1250m: 14:13.47	1500m: 17:00.89
3. Nicko Kamphuis	Trb/Res	17:24.71	199900887	17:56.25	+0,59
50m: 30.21	300m: 3:24.62	550m: 6:20.70	800m: 9:24.46	1050m: 12:27.79	1300m: 15:30.26
100m: 1:04.78	350m: 3:59.80	600m: 6:57.48	850m: 10:01.34	1100m: 13:04.27	1350m: 16:07.17
150m: 1:39.79	400m: 4:34.65	650m: 7:34.24	900m: 10:38.32	1150m: 13:40.60	1400m: 16:44.00
200m: 2:14.41	450m: 5:08.80	700m: 8:11.26	950m: 11:15.04	1200m: 14:17.03	1450m: 17:20.72
250m: 2:49.47	500m: 5:44.33	750m: 8:47.59	1000m: 11:51.37	1250m: 14:53.10	1500m: 17:56.25
4. Raoni Schrijvers	Tempo Valkenswaard	17:51.93	199302669	17:59.25	+0,64
50m: 30.29	300m: 3:26.21	550m: 6:26.15	800m: 9:28.99	1050m: 12:32.18	1300m: 15:34.81
100m: 1:04.71	350m: 4:02.16	600m: 7:02.63	850m: 10:05.76	1100m: 13:08.78	1350m: 16:11.89
150m: 1:39.55	400m: 4:38.01	650m: 7:39.38	900m: 10:42.35	1150m: 13:45.12	1400m: 16:48.31
200m: 2:14.76	450m: 5:13.74	700m: 8:16.11	950m: 11:18.96	1200m: 14:21.82	1450m: 17:24.73
250m: 2:50.35	500m: 5:49.76	750m: 8:52.63	1000m: 11:55.67	1250m: 14:58.13	1500m: 17:59.25