

BWK 2018
Eindhoven, 17, 18, 24 & 25 november 2018

Event 29
25-11-2018 - 12:45

Men, 400m Medley

Junioren 1 en ouder
Results

Nederlands Record 4:05.41 Marcel Wouda 13-033 Paris (FRA) 8-2-1997

rang	naam	vereniging	intijd	tijd	RT
Junioren 1					
1.	Dion Potters	Hieronymus	6:23.53	200601981	6:15.84 +0,71
	50m: 41.10	41.10 150m: 2:16.87	45.88	250m: 3:58.11	41.50
	100m: 1:30.99	49.89 200m: 3:02.55	45.68	300m: 4:53.39	40.95
				350m: 5:34.89	
				400m: 6:15.84	
2.	Matthew Finney	ZWK Merlet	6:14.83	200602167	6:20.02 +0,78
	50m: 41.37	41.37 150m: 2:17.98	47.21	250m: 3:58.51	43.79
	100m: 1:30.77	49.40 200m: 3:04.52	46.54	300m: 4:53.92	42.31
				350m: 5:37.71	
				400m: 6:20.02	
3.	Milco Matla	PSV	6:42.89	200600555	6:32.78 +0,86
	50m: 42.19	42.19 150m: 2:26.54	50.43	250m: 4:10.37	44.35
	100m: 1:36.11	53.92 200m: 3:15.67	49.13	300m: 5:06.02	42.41
				350m: 5:50.37	
				400m: 6:32.78	

Junioren 2

WDR Sven ten Hove Hieronymus 5:25.98 200500273

Junioren 3

1.	David Groenewegen	PSV	5:04.40	200400469	4:46.07 +0,75
	50m: 30.64	30.64 150m: 1:43.43	37.56	250m: 3:00.59	33.28
	100m: 1:05.87	35.23 200m: 2:19.81	36.38	300m: 3:41.45	31.34
				350m: 4:14.73	
				400m: 4:46.07	
2.	Luuk van Rooij	Nextline Swimming	5:08.78	200400581	4:55.25 +0,78
	50m: 30.67	30.67 150m: 1:43.47	36.14	250m: 3:01.30	35.32
	100m: 1:07.33	36.66 200m: 2:19.87	36.40	300m: 3:45.39	34.54
				350m: 4:20.71	
				400m: 4:55.25	
3.	Teun van der Schrier	Hieronymus	5:15.22	200403627	5:05.97 +0,62
	50m: 31.93	31.93 150m: 1:48.50	39.40	250m: 3:10.97	36.57
	100m: 1:09.10	37.17 200m: 2:26.90	38.40	300m: 3:56.59	32.81
				350m: 4:33.16	
				400m: 5:05.97	
4.	Sem Lazaroms	Hieronymus	5:16.58	200402921	5:11.33 +0,73
	50m: 32.28	32.28 150m: 1:50.00	39.58	250m: 3:14.34	35.92
	100m: 1:10.42	38.14 200m: 2:28.84	38.84	300m: 4:00.67	34.74
				350m: 4:36.59	
				400m: 5:11.33	
5.	Koen Vissers	PSV	5:37.25	200401429	5:16.26 +0,75
	50m: 32.73	32.73 150m: 1:52.16	39.86	250m: 3:18.54	35.95
	100m: 1:12.30	39.57 200m: 2:31.22	39.06	300m: 4:05.93	34.38
				350m: 4:41.88	
				400m: 5:16.26	
6.	David Malm	O.Z. & P.C. De Warande	6:17.24	200403199	6:07.79 +0,71
	50m: 33.81	33.81 150m: 2:06.32	47.78	250m: 3:45.63	45.10
	100m: 1:18.54	44.73 200m: 2:53.19	46.87	300m: 4:39.22	43.47
				350m: 5:24.32	
				400m: 6:07.79	

Junioren 4

1.	Stan De Swart	Nextline Swimming	5:06.07	200300535	4:50.25 +0,75
	50m: 31.01	31.01 150m: 1:43.30	36.51	250m: 3:01.26	33.24
	100m: 1:06.79	35.78 200m: 2:19.26	35.96	300m: 3:44.82	32.19
				350m: 4:18.06	
				400m: 4:50.25	
2.	Sjors Lemmers	ZWK Merlet	5:03.19	200300555	5:01.10 +0,66
	50m: 31.45	31.45 150m: 1:47.92	40.01	250m: 3:08.11	36.06
	100m: 1:07.91	36.46 200m: 2:26.83	38.91	300m: 3:50.98	34.06
				350m: 4:27.04	
				400m: 5:01.10	
3.	Thijn Damen	O.Z. & P.C. De Warande	5:26.09	200300973	5:07.15 +0,75
	50m: 31.26	31.26 150m: 1:51.23	40.77	250m: 3:13.90	35.47
	100m: 1:10.46	39.20 200m: 2:30.23	39.00	300m: 3:57.97	33.71
				350m: 4:33.44	
				400m: 5:07.15	
4.	Ricardo Jansen	Arethusa	5:36.39	200301055	5:20.03 +0,74
	50m: 33.62	33.62 150m: 1:54.92	42.26	250m: 3:19.10	38.71
	100m: 1:12.66	39.04 200m: 2:35.99	41.07	300m: 4:03.92	37.40
				350m: 4:42.63	
				400m: 5:20.03	
5.	Thijn Bergman	V.Z.V. Njord	5:41.73	200302713	5:31.48 +0,80
	50m: 35.92	35.92 150m: 2:02.24	42.76	250m: 3:29.83	38.33
	100m: 1:19.48	43.56 200m: 2:44.58	42.34	300m: 4:14.17	38.98
				350m: 4:52.50	
				400m: 5:31.48	
6.	Yuri Wasser	PSV	5:54.71	200301327	5:34.04 +0,62
	50m: 35.09	35.09 150m: 1:59.48	42.48	250m: 3:30.11	37.58
	100m: 1:17.00	41.91 200m: 2:40.84	41.36	300m: 4:19.76	36.70
				350m: 4:57.34	
				400m: 5:34.04	
7.	Tom van Eemeren	HZV Lutra	5:37.63	200302087	5:40.01 +0,71
	50m: 37.65	37.65 150m: 2:06.40	43.45	250m: 3:35.08	39.61
	100m: 1:22.95	45.30 200m: 2:49.86	43.46	300m: 4:21.15	39.25
				350m: 5:00.76	
				400m: 5:40.01	

BWK 2018
Eindhoven, 17, 18, 24 & 25 november 2018

Event 29, Men, 400m Medley

Jeugd 1 en 2

1. Luc van Eijndhoven	PSV	4:52.14	200200139	4:45.08	+0,81
50m: 29.16	29.16 150m: 1:39.60	36.42	250m: 2:57.81	42.07	350m: 4:13.42
100m: 1:03.18	34.02 200m: 2:15.74	36.14	300m: 3:41.21	43.40	400m: 4:45.08
32.21					31.66
2. Janne Englebert	Hieronymus	4:47.69	200101561	4:53.51	+0,71
50m: 30.26	30.26 150m: 1:42.33	36.60	250m: 3:01.88	43.12	350m: 4:20.15
100m: 1:05.73	35.47 200m: 2:18.76	36.43	300m: 3:45.64	43.76	400m: 4:53.51
34.51					33.36
3. Timo Spaans	Nextline Swimming	4:50.94	200201087	4:55.44	+0,72
50m: 28.83	28.83 150m: 1:41.82	38.75	250m: 3:00.77	40.77	350m: 4:21.01
100m: 1:03.07	34.24 200m: 2:20.00	38.18	300m: 3:44.16	43.39	400m: 4:55.44
36.85					34.43
4. Devin Servais	Dommelbaarzen	5:00.23	200202285	5:06.65	+0,73
50m: 33.01	33.01 150m: 1:51.79	40.73	250m: 3:12.46	40.12	350m: 4:32.07
100m: 1:11.06	38.05 200m: 2:32.34	40.55	300m: 3:53.85	41.39	400m: 5:06.65
38.22					34.58
5. Jesse Hoksbergen	SWNZ	5:12.06	200104857	5:06.83	+0,70
50m: 32.33	32.33 150m: 1:49.56	39.72	250m: 3:12.41	43.95	350m: 4:33.04
100m: 1:09.84	37.51 200m: 2:28.46	38.90	300m: 3:57.14	44.73	400m: 5:06.83
35.90					33.79
6. Marijn van Keulen	De Treffers	5:28.97	200101855	5:17.91	+0,79
50m: 32.63	32.63 150m: 1:53.46	41.69	250m: 3:18.85	44.02	350m: 4:41.68
100m: 1:11.77	39.14 200m: 2:34.83	41.37	300m: 4:03.51	44.66	400m: 5:17.91
38.17					36.23
7. Ivar Koevoet	V.Z.V. Njord	5:21.53	200200185	5:19.84	+0,74
50m: 33.38	33.38 150m: 1:52.76	40.50	250m: 3:19.69	46.96	350m: 4:44.39
100m: 1:12.26	38.88 200m: 2:32.73	39.97	300m: 4:06.78	47.09	400m: 5:19.84
37.61					35.45
8. Lars Kammers	Hieronymus	5:18.82	200100497	5:21.55	+0,66
50m: 32.23	32.23 150m: 1:53.13	42.70	250m: 3:19.13	45.68	350m: 4:44.05
100m: 1:10.43	38.20 200m: 2:33.45	40.32	300m: 4:05.77	46.64	400m: 5:21.55
38.28					37.50
9. Jochem Kampman	PSV	5:26.66	200200453	5:21.86	+0,72
50m: 34.31	34.31 150m: 1:56.63	41.73	250m: 3:24.09	46.43	350m: 4:47.91
100m: 1:14.90	40.59 200m: 2:37.66	41.03	300m: 4:11.20	47.11	400m: 5:21.86
36.71					33.95

Senioren 1 en ouder

1. Wietse Beerens	Dommelbaarzen	4:29.91	198700159	4:34.82	+0,76
50m: 29.09	29.09 150m: 1:39.60	35.97	250m: 2:51.05	37.57	350m: 4:02.52
100m: 1:03.63	34.54 200m: 2:13.48	33.88	300m: 3:28.81	37.76	400m: 4:34.82
33.71					32.30
2. Nicko Kamphuis	O.Z. & P.C. De Warande	4:43.29	199900887	4:40.39	+0,62
50m: 29.26	29.26 150m: 1:40.10	36.21	250m: 2:54.45	38.72	350m: 4:08.46
100m: 1:03.89	34.63 200m: 2:15.73	35.63	300m: 3:34.17	39.72	400m: 4:40.39
34.29					31.93
3. Tom Balsen Versteeg	O.Z. & P.C. De Warande	4:51.51	200005673	4:53.08	+0,61
50m: 30.51	30.51 150m: 1:44.98	37.69	250m: 3:04.39	41.19	350m: 4:20.86
100m: 1:07.29	36.78 200m: 2:23.20	38.22	300m: 3:46.93	42.54	400m: 4:53.08
33.93					32.22
4. Vincent Dermaux	AquaDream	4:59.31	199600599	4:54.02	+0,79
50m: 30.15	30.15 150m: 1:44.03	37.05	250m: 3:02.35	42.49	350m: 4:20.70
100m: 1:06.98	36.83 200m: 2:19.86	35.83	300m: 3:45.37	43.02	400m: 4:54.02
35.33					33.32
5. Casper Bolkenbaas	O.Z. & P.C. De Warande	5:02.64	200002591	5:01.87	+0,76
50m: 30.49	30.49 150m: 1:45.82	39.76	250m: 3:08.56	43.13	350m: 4:28.35
100m: 1:06.06	35.57 200m: 2:25.43	39.61	300m: 3:53.44	44.88	400m: 5:01.87
34.91					33.52
6. Ruben Schellekens	Trb/Res	5:10.51	199702747	5:07.75	+0,79
50m: 30.52	30.52 150m: 1:45.88	39.49	250m: 3:09.40	44.31	350m: 4:32.16
100m: 1:06.39	35.87 200m: 2:25.09	39.21	300m: 3:54.75	45.35	400m: 5:07.75
37.41					35.59
WDR Brian van Gennip	ZV Hydra	5:11.64	200003573		