

Programmanr. 29  
03-06-2018 - 11:20

Dames, 800m vrije slag

Senioren en later  
Resultaten

Nederlands Record 8:24.12 Sharon van ROUWENDAAL 13-033 Kazan (RUS) 08-08-2015

rang	naam	vereniging	intijd	tijd	RT
<b>Junioren 1</b>					
1.	Félinn van LIENDEN	Hieronymus	11:34.78	200602038	11:18.91 +0,74 370
	100m: 1:17.78	1:17.78 300m: 4:06.94	1:24.72	500m: 6:58.43	1:26.17 700m: 9:52.00
	200m: 2:42.22	1:24.44 400m: 5:32.26	1:25.32	600m: 8:24.76	1:26.33 800m: 11:18.91
2.	Fenna HEYLIGHEN	Hellas-Glana	11:53.16	200602086	11:38.14 +0,53 340
	100m: 1:21.26	1:21.26 300m: 4:16.43	1:28.21	500m: 7:14.67	1:28.63 700m: 10:12.55
	200m: 2:48.22	1:26.96 400m: 5:46.04	1:29.61	600m: 8:43.91	1:29.24 800m: 11:38.14
3.	Juliette KRICHEL	Zwemsport Parkstad	12:09.45	200600270	12:12.26 295
	100m: 1:27.65	1:27.65 300m: 4:32.56	1:31.08	500m: 7:36.33	1:33.20 700m: 10:44.51
	200m: 3:01.48	1:33.83 400m: 6:03.13	1:30.57	600m: 9:11.19	1:34.86 800m: 12:12.26
<b>Junioren 2</b>					
1.	Leonie HABRAKEN	Argo	11:34.73	200501184	10:49.18 +0,83 423
	100m: 1:18.28	1:18.28 300m: 4:03.15	1:22.49	500m: 6:45.63	1:21.81 700m: 9:30.71
	200m: 2:40.66	1:22.38 400m: 5:23.82	1:20.67	600m: 8:07.91	1:22.28 800m: 10:49.18
2.	Colinda van der ZANDEN	Noord Limburg(SG)	11:21.23	200502618	10:49.69 +0,68 422
	100m: 1:15.47	1:15.47 300m: 4:02.96	1:23.66	500m: 6:48.70	1:23.33 700m: 9:33.60
	200m: 2:39.30	1:23.83 400m: 5:25.37	1:22.41	600m: 8:11.16	1:22.46 800m: 10:49.69
3.	Luna van TILBURG	De Krabben	11:23.23	200502160	10:57.43 +0,71 407
	100m: 1:15.87	1:15.87 300m: 4:01.91	1:23.64	500m: 6:47.42	1:23.42 700m: 9:35.42
	200m: 2:38.27	1:22.40 400m: 5:24.00	1:22.09	600m: 8:10.72	1:23.30 800m: 10:57.43
4.	Mirthe VLEGELS	Hieronymus	11:27.97	200503486	11:11.14 +0,69 383
	100m: 1:15.79	1:15.79 300m: 4:04.05	1:24.57	500m: 6:55.58	1:26.00 700m: 9:47.13
	200m: 2:39.48	1:23.69 400m: 5:29.58	1:25.53	600m: 8:21.62	1:26.04 800m: 11:11.14
5.	Indy MELS	Trb/Res	11:40.21	200501354	11:13.35 +0,80 379
	100m: 1:17.42	1:17.42 300m: 4:07.62	1:25.66	500m: 7:02.40	1:27.75 700m: 9:55.02
	200m: 2:41.96	1:24.54 400m: 5:34.65	1:27.03	600m: 8:28.95	1:26.55 800m: 11:13.35
6.	Jennifer KOONEN	Zwemsport Parkstad	11:40.07	200500386	11:30.61 +0,78 352
	100m: 1:22.24	1:22.24 300m: 4:19.38	1:28.89	500m: 7:17.33	1:28.52 700m: 10:09.14
	200m: 2:50.49	1:28.25 400m: 5:48.81	1:29.43	600m: 8:43.95	1:26.62 800m: 11:30.61
7.	Lieke LANKES	Mosa~Regio	11:37.32	200501128	11:41.03 +0,73 336
	100m: 1:18.54	1:18.54 300m: 4:15.00	1:28.45	500m: 7:17.24	1:32.46 700m: 10:18.26
	200m: 2:46.55	1:28.01 400m: 5:44.78	1:29.78	600m: 8:47.71	1:30.47 800m: 11:41.03
<b>Junioren 3</b>					
1.	Luka de NEEF	AquaDream	10:31.70	200401824	10:05.92 +0,65 520
	100m: 1:11.31	1:11.31 300m: 3:45.67	1:17.83	500m: 6:17.10	1:16.69 700m: 8:51.95
	200m: 2:27.84	1:16.53 400m: 5:00.41	1:14.74	600m: 7:34.30	1:17.20 800m: 10:05.92
2.	Amy TEBBEN	Eurode Kerkrade	10:20.24	200400108	10:21.66 +0,84 482
	100m: 1:10.86	1:10.86 300m: 3:44.40	1:17.13	500m: 6:22.82	1:19.87 700m: 9:04.30
	200m: 2:27.27	1:16.41 400m: 5:02.95	1:18.55	600m: 7:43.51	1:20.69 800m: 10:21.66
3.	Tessa ROOVERS	De Schelde	10:53.75	200405206	10:50.45 +0,84 421
	100m: 1:14.82	1:14.82 300m: 3:58.56	1:22.27	500m: 6:45.50	1:24.02 700m: 9:31.71
	200m: 2:36.29	1:21.47 400m: 5:21.48	1:22.92	600m: 8:07.95	1:22.45 800m: 10:50.45
4.	Mexi KÖSTERS	Zeps	11:01.94	200401308	10:54.44 +0,76 413
	100m: 1:15.38	1:15.38 300m: 4:02.02	1:23.89	500m: 6:47.33	1:21.68 700m: 9:35.11
	200m: 2:38.13	1:22.75 400m: 5:25.65	1:23.63	600m: 8:10.82	1:23.49 800m: 10:54.44
5.	Jessie BODDEN	Zv Kimbria	11:02.86	200401650	10:59.87 +0,83 403
	100m: 1:15.48	1:15.48 300m: 4:00.50	1:22.63	500m: 6:49.72	1:24.87 700m: 9:37.46
	200m: 2:37.87	1:22.39 400m: 5:24.85	1:24.35	600m: 8:14.44	1:24.72 800m: 10:59.87
6.	Verena van RENS	Mosa~Regio	11:01.87	200401304	11:06.92 +0,78 390
	100m: 1:15.31	1:15.31 300m: 4:04.14	1:25.01	500m: 6:55.02	1:25.90 700m: 9:45.93
	200m: 2:39.13	1:23.82 400m: 5:29.12	1:24.98	600m: 8:20.64	1:25.62 800m: 11:06.92
7.	Bibi de JONG	Hieronymus	10:46.35	200401164	11:18.02 +0,79 371
	100m: 1:16.62	1:16.62 300m: 4:07.04	1:26.23	500m: 7:01.15	1:27.50 700m: 9:56.14
	200m: 2:40.81	1:24.19 400m: 5:33.65	1:26.61	600m: 8:28.48	1:27.33 800m: 11:18.02
8.	Frederique STELTENPOOL	Sbc2000	11:36.38	200400478	11:24.70 +0,82 361
	100m: 1:19.35	1:19.35 300m: 4:14.39	1:27.70	500m: 7:09.35	1:27.66 700m: 10:04.07
	200m: 2:46.69	1:27.34 400m: 5:41.69	1:27.30	600m: 8:36.92	1:27.57 800m: 11:24.70
9.	Britt BAKERS	SWNZ	11:14.36	200403258	11:44.80 +0,80 331
	100m: 1:17.72	1:17.72 300m: 4:14.13	1:28.23	500m: 7:16.01	1:31.25 700m: 10:17.51
	200m: 2:45.90	1:28.18 400m: 5:44.76	1:30.63	600m: 8:48.07	1:32.06 800m: 11:44.80

Programmanr. 29, Meisjes, 800m vrije slag, Junioren 3

rang	naam	vereniging	intijd	tijd	RT			
10.	Esmee de VOLDER	Hieronymus	11:20.67	200404362	11:48.85 +0,79 325			
	100m: 1:21.28	1:21.28	300m: 4:21.42	1:30.31	500m: 7:22.52	1:30.98	700m: 10:24.36	1:31.24
	200m: 2:51.11	1:29.83	400m: 5:51.54	1:30.12	600m: 8:53.12	1:30.60	800m: 11:48.85	1:24.49
11.	Iris van der AA	SWNZ	11:04.80	200400378	11:50.72 323			
	100m: 1:18.94	1:18.94	300m: 4:20.35	1:31.74	500m: 7:23.50	1:31.62	700m: 10:24.54	1:29.55
	200m: 2:48.61	1:29.67	400m: 5:51.88	1:31.53	600m: 8:54.99	1:31.49	800m: 11:50.72	1:26.18
<b>Jeugd 1 en 2</b>								
1.	Nienke JONK	Hieronymus	9:27.72	200203000	9:25.34 +0,73 641			
	100m: 1:06.27	1:06.27	300m: 3:28.81	1:11.64	500m: 5:50.94	1:11.16	700m: 8:15.19	1:12.01
	200m: 2:17.17	1:10.90	400m: 4:39.78	1:10.97	600m: 7:03.18	1:12.24	800m: 9:25.34	1:10.15
2.	L. van den NIEUWENHUIJZENPSV		9:34.08	200304454	9:28.48 +0,75 630			
	100m: 1:06.61	1:06.61	300m: 3:28.88	1:11.66	500m: 5:53.44	1:12.31	700m: 8:19.18	1:12.74
	200m: 2:17.22	1:10.61	400m: 4:41.13	1:12.25	600m: 7:06.44	1:13.00	800m: 9:28.48	1:09.30
3.	Imke BEEKMAN	Hellas-Glana	9:56.79	200301950	9:39.97 +0,86 593			
	100m: 1:07.98	1:07.98	300m: 3:33.40	1:13.19	500m: 6:00.50	1:13.51	700m: 8:28.59	1:14.26
	200m: 2:20.21	1:12.23	400m: 4:46.99	1:13.59	600m: 7:14.33	1:13.83	800m: 9:39.97	1:11.38
4.	Babet de VOOGD	Z & PC De Zeeuwse Kust	9:53.19	200301362	9:51.89 +0,72 558			
	100m: 1:08.21	1:08.21	300m: 3:37.97	1:15.78	500m: 6:10.24	1:16.00	700m: 8:39.92	1:14.63
	200m: 2:22.19	1:13.98	400m: 4:54.24	1:16.27	600m: 7:25.29	1:15.05	800m: 9:51.89	1:11.97
5.	Roos ENGLEBERT	Hieronymus	10:20.08	200200606	10:16.75 +0,80 494			
	100m: 1:13.75	1:13.75	300m: 3:48.97	1:17.80	500m: 6:26.23	1:18.76	700m: 9:02.64	1:18.07
	200m: 2:31.17	1:17.42	400m: 5:07.47	1:18.50	600m: 7:44.57	1:18.34	800m: 10:16.75	1:14.11
6.	Denise van der BURGT	Zeester Meerval	10:08.39	200201812	10:16.91 +0,77 493			
	100m: 1:13.84	1:13.84	300m: 3:49.84	1:18.00	500m: 6:26.93	1:18.49	700m: 9:01.91	1:17.29
	200m: 2:31.84	1:18.00	400m: 5:08.44	1:18.60	600m: 7:44.62	1:17.69	800m: 10:16.91	1:15.00
7.	Kyanie BLOM	Zwemsport Parkstad	10:08.94	200301866	10:24.96 +0,75 474			
	100m: 1:13.34	1:13.34	300m: 3:50.27	1:18.76	500m: 6:29.38	1:19.53	700m: 9:06.85	1:18.70
	200m: 2:31.51	1:18.17	400m: 5:09.85	1:19.58	600m: 7:48.15	1:18.77	800m: 10:24.96	1:18.11
8.	Lianne KANEN	Hellas-Glana	10:36.21	200300708	10:35.68 +0,84 451			
	100m: 1:14.87	1:14.87	300m: 3:52.91	1:19.30	500m: 6:34.53	1:21.26	700m: 9:17.33	1:22.09
	200m: 2:33.61	1:18.74	400m: 5:13.27	1:20.36	600m: 7:55.24	1:20.71	800m: 10:35.68	1:18.35
9.	Sophie ALBERS	ZWK Merlet	10:50.39	200300990	10:51.47 419			
	100m: 1:16.78	1:16.78	300m: 4:01.87	1:22.65	500m: 6:48.91	1:23.48	700m: 9:32.88	1:21.63
	200m: 2:39.22	1:22.44	400m: 5:25.43	1:23.56	600m: 8:11.25	1:22.34	800m: 10:51.47	1:18.59
AFGEM	Demi van HULST	Zwemsport Parkstad	10:26.24	200300140				
AFGEM	Merel MUSTERS	PSV	10:39.99	200304042				
AFGEM	Anastasia RENSSSEN	Trb/Res	9:56.33	200202588				

Senioren 1 en ouder

1.	Simone de RIJCKE	ZCKoewacht	9:23.56	199603452	9:12.92 +0,80 685			
	Zeeuws Record							
	100m: 1:06.46	1:06.46	300m: 3:26.63	1:09.96	500m: 5:46.03	1:09.45	700m: 8:05.64	1:09.76
	200m: 2:16.67	1:10.21	400m: 4:36.58	1:09.95	600m: 6:55.88	1:09.85	800m: 9:12.92	1:07.28
2.	Manon van ESCH	Trb/Res	9:42.40	199702090	9:42.85 +0,75 585			
	100m: 1:07.49	1:07.49	300m: 3:33.88	1:13.54	500m: 6:01.37	1:13.66	700m: 8:30.23	1:14.42
	200m: 2:20.34	1:12.85	400m: 4:47.71	1:13.83	600m: 7:15.81	1:14.44	800m: 9:42.85	1:12.62
3.	Nikita van den OUDEN	O.Z. & P.C. De Warande	9:21.52	199900622	9:49.53 +0,68 565			
	100m: 1:08.23	1:08.23	300m: 3:35.71	1:14.19	500m: 6:05.94	1:15.28	700m: 8:36.17	1:15.11
	200m: 2:21.52	1:13.29	400m: 4:50.66	1:14.95	600m: 7:21.06	1:15.12	800m: 9:49.53	1:13.36
4.	Sterre van de GOOR	PSV	9:43.60	200102168	9:55.64 +0,81 548			
	100m: 1:11.48	1:11.48	300m: 3:40.20	1:14.67	500m: 6:09.89	1:15.15	700m: 8:41.29	1:15.52
	200m: 2:25.53	1:14.05	400m: 4:54.74	1:14.54	600m: 7:25.77	1:15.88	800m: 9:55.64	1:14.35
5.	Kim VOS	Sbc2000	10:10.90	200000990	10:01.04 +0,78 533			
	100m: 1:10.26	1:10.26	300m: 3:42.03	1:16.13	500m: 6:14.41	1:16.25	700m: 8:48.20	1:16.93
	200m: 2:25.90	1:15.64	400m: 4:58.16	1:16.13	600m: 7:31.27	1:16.86	800m: 10:01.04	1:12.84
6.	Nadja WORTEL	Hieronymus	10:16.57	199800798	10:08.28 +0,74 514			
	100m: 1:09.38	1:09.38	300m: 3:41.80	1:16.69	500m: 6:17.66	1:18.20	700m: 8:53.86	1:17.54
	200m: 2:25.11	1:15.73	400m: 4:59.46	1:17.66	600m: 7:36.32	1:18.66	800m: 10:08.28	1:14.42
7.	Isa SCHELLEKENS	SWNZ	10:04.95	200002330	10:08.83 +0,78 513			
	100m: 1:11.72	1:11.72	300m: 3:47.32	1:17.97	500m: 6:23.45	1:17.82	700m: 8:56.14	1:15.85
	200m: 2:29.35	1:17.63	400m: 5:05.63	1:18.31	600m: 7:40.29	1:16.84	800m: 10:08.83	1:12.69
8.	Lisa de BEIJER	PSV	10:01.58	200002814	10:12.43 +0,76 504			
	100m: 1:13.45	1:13.45	300m: 3:47.83	1:17.13	500m: 6:23.16	1:17.80	700m: 8:57.62	1:17.09
	200m: 2:30.70	1:17.25	400m: 5:05.36	1:17.53	600m: 7:40.53	1:17.37	800m: 10:12.43	1:14.81

Programmanr. 29, Dames, 800m vrije slag, Senioren 1 en ouder

rang	naam	vereniging	intijd		tijd	RT		
9.	Valesca van den BOGERT	Hieronymus	9:58.73	200102138	10:12.77	+0,75	503	
	100m: 1:10.84	1:10.84	300m: 3:45.39	1:17.72	500m: 6:21.50	1:18.19	700m: 8:59.28	1:18.88
	200m: 2:27.67	1:16.83	400m: 5:03.31	1:17.92	600m: 7:40.40	1:18.90	800m: 10:12.77	1:13.49
10.	Maud WEIJMANS	HZPC	10:19.41	200103830	10:12.82		503	
	100m: 1:14.30	1:14.30	300m: 3:47.40	1:16.14	500m: 6:21.73	1:17.60	700m: 8:56.97	1:17.12
	200m: 2:31.26	1:16.96	400m: 5:04.13	1:16.73	600m: 7:39.85	1:18.12	800m: 10:12.82	1:15.85
11.	Floor WEIJMANS	HZPC	9:50.72	199502522	10:16.31	+0,80	495	
	100m: 1:10.55	1:10.55	300m: 3:44.61	1:17.89	500m: 6:21.57	1:18.40	700m: 8:59.03	1:18.44
	200m: 2:26.72	1:16.17	400m: 5:03.17	1:18.56	600m: 7:40.59	1:19.02	800m: 10:16.31	1:17.28
12.	Milou van den BEUCKEN	Mosa~Regio	10:00.80	200002564	10:18.56	+0,74	489	
	100m: 1:10.92	1:10.92	300m: 3:45.64	1:17.71	500m: 6:22.94	1:19.00	700m: 9:01.39	1:19.09
	200m: 2:27.93	1:17.01	400m: 5:03.94	1:18.30	600m: 7:42.30	1:19.36	800m: 10:18.56	1:17.17
13.	Kirsten WALRAVEN	Z & PC De Zeeuwse Kust	9:44.65	200001358	10:28.78	+0,82	466	
	100m: 1:09.04	1:09.04	300m: 3:44.87	1:18.92	500m: 6:25.07	1:21.18	700m: 9:08.56	1:21.51
	200m: 2:25.95	1:16.91	400m: 5:03.89	1:19.02	600m: 7:47.05	1:21.98	800m: 10:28.78	1:20.22
14.	Lindi VERKOOIJEN	AquaDream	10:09.56	199503826	11:03.78	+0,82	396	
	100m: 1:15.23	1:15.23	300m: 3:56.93	1:21.40	500m: 6:47.16	1:25.86	700m: 9:39.10	1:25.97
	200m: 2:35.53	1:20.30	400m: 5:21.30	1:24.37	600m: 8:13.13	1:25.97	800m: 11:03.78	1:24.68
NG	Liselotte JOLING	PSV	10:15.91	197500268				