

Programmanr. 10
27-05-2018 - 11:30

Heren, 1500m vrije slag

Senioren en later
Resultaten

Nederlands Record 14:58.34 Job KIENHUIS 13-033 Eindhoven 04-12-2011

rang	naam	vereniging	intijd	tijd	RT
Juniores 1					
1.	Lars MINNAERT	V.Z.V. Njord	22:01.23	200502355	21:43.17 +0,76 299
	100m: 1:22.26	1:22.26 500m: 7:17.58	1:28.77	900m: 13:12.47	1:28.84 1300m: 18:58.12
	200m: 2:51.48	1:29.22 600m: 8:46.50	1:28.92	1000m: 14:37.83	1:25.36 1400m: 20:23.74
	300m: 4:21.99	1:30.51 700m: 10:15.38	1:28.88	1100m: 16:04.93	1:27.10 1500m: 21:43.17
	400m: 5:48.81	1:26.82 800m: 11:43.63	1:28.25	1200m: 17:32.10	1:27.17
2.	Stan HOUTVAST	Hellas-Glana	22:58.50	200500883	21:44.04 298
	100m: 1:19.45	1:19.45 500m: 7:12.03	1:28.20	900m: 13:02.80	1:27.25 1300m: 18:55.49
	200m: 2:48.59	1:29.14 600m: 8:39.19	1:27.16	1000m: 14:29.75	1:26.95 1400m: 20:22.81
	300m: 4:15.85	1:27.26 700m: 10:07.74	1:28.55	1100m: 15:57.54	1:27.79 1500m: 21:44.04
	400m: 5:43.83	1:27.98 800m: 11:35.55	1:27.81	1200m: 17:26.26	1:28.72
Juniores 2					
1.	David GROENEWEGEN	PSV	17:32.60	200400469	17:28.62 +0,87 573
	100m: 1:06.37	1:06.37 500m: 5:47.02	1:10.85	900m: 10:31.51	1:11.02 1300m: 15:12.45
	200m: 2:15.69	1:09.32 600m: 6:57.82	1:10.80	1000m: 11:41.76	1:10.25 1400m: 16:22.59
	300m: 3:25.61	1:09.92 700m: 8:09.92	1:12.10	1100m: 12:51.91	1:10.15 1500m: 17:28.62
	400m: 4:36.17	1:10.56 800m: 9:20.49	1:10.57	1200m: 14:02.50	1:10.59
2.	Sem BONTE	Z & PC De Zeeuwse Kust	20:44.23	200400427	19:52.09 +0,85 390
	100m: 1:11.49	1:11.49 500m: 6:31.70	1:21.13	900m: 11:54.54	1:20.82 1300m: 17:16.69
	200m: 2:31.42	1:19.93 600m: 7:52.53	1:20.83	1000m: 13:15.19	1:20.65 1400m: 18:36.53
	300m: 3:50.33	1:18.91 700m: 9:13.05	1:20.52	1100m: 14:35.64	1:20.45 1500m: 19:52.09
	400m: 5:10.57	1:20.24 800m: 10:33.72	1:20.67	1200m: 15:56.44	1:20.80
3.	Kjell REUMKENS	Hellas-Glana	21:05.68	200401385	20:06.85 376
	100m: 1:13.42	1:13.42 500m: 6:32.71	1:20.12	900m: 11:56.27	1:21.21 1300m: 17:25.24
	200m: 2:32.93	1:19.51 600m: 7:53.74	1:21.03	1000m: 13:18.09	1:21.82 1400m: 18:47.19
	300m: 3:52.95	1:20.02 700m: 9:14.05	1:20.31	1100m: 14:40.15	1:22.06 1500m: 20:06.85
	400m: 5:12.59	1:19.64 800m: 10:35.06	1:21.01	1200m: 16:02.83	1:22.68
4.	Jurre VELDHIJSEN	Hellas-Glana	20:57.91	200400603	20:47.73 +0,72 340
	100m: 1:18.04	1:18.04 500m: 6:52.26	1:23.93	900m: 12:25.25	1:23.08 1300m: 18:01.64
	200m: 2:41.32	1:23.28 600m: 8:15.41	1:23.15	1000m: 13:48.92	1:23.67 1400m: 19:26.27
	300m: 4:04.86	1:23.54 700m: 9:38.66	1:23.25	1100m: 15:12.80	1:23.88 1500m: 20:47.73
	400m: 5:28.33	1:23.47 800m: 11:02.17	1:23.51	1200m: 16:38.38	1:25.58
Juniores 3					
1.	Esper SCHREURS	Zeps	18:32.34	200300433	17:34.43 +0,76 564
	100m: 1:06.56	1:06.56 500m: 5:53.51	1:11.83	900m: 10:37.00	1:09.90 1300m: 15:15.76
	200m: 2:18.39	1:11.83 600m: 7:04.78	1:11.27	1000m: 11:47.09	1:10.09 1400m: 16:26.76
	300m: 3:29.92	1:11.53 700m: 8:16.12	1:11.34	1100m: 12:57.18	1:10.09 1500m: 17:34.43
	400m: 4:41.68	1:11.76 800m: 9:27.10	1:10.98	1200m: 14:07.09	1:09.91
2.	Job ERDMANN	Hieronymus	20:25.22	200302237	20:30.63 +0,73 355
	100m: 1:15.95	1:15.95 500m: 6:43.70	1:23.40	900m: 12:19.28	1:23.71 1300m: 17:50.96
	200m: 2:36.64	1:20.69 600m: 8:08.07	1:24.37	1000m: 13:41.44	1:22.16 1400m: 19:13.52
	300m: 3:57.76	1:21.12 700m: 9:31.93	1:23.86	1100m: 15:05.64	1:24.20 1500m: 20:30.63
	400m: 5:20.30	1:22.54 800m: 10:55.57	1:23.64	1200m: 16:28.48	1:22.84
3.	Ricardo JANSEN	Arethusa	19:58.09	200301055	20:31.00 +0,72 354
	100m: 1:12.24	1:12.24 500m: 6:34.54	1:21.33	900m: 12:08.20	1:23.72 1300m: 17:44.61
	200m: 2:31.25	1:19.01 600m: 7:57.59	1:23.05	1000m: 13:32.04	1:23.84 1400m: 19:09.00
	300m: 3:51.41	1:20.16 700m: 9:21.29	1:23.70	1100m: 14:55.85	1:23.81 1500m: 20:31.00
	400m: 5:13.21	1:21.80 800m: 10:44.48	1:23.19	1200m: 16:19.81	1:23.96
4.	William WEBSTER	V.Z.V. Njord	20:51.01	200302775	21:50.47 +0,77 294
	100m: 1:16.11	1:16.11 500m: 7:03.38	1:28.73	900m: 13:01.23	1:28.04 1300m: 18:56.65
	200m: 2:39.94	1:23.83 600m: 8:32.81	1:29.43	1000m: 14:29.58	1:28.35 1400m: 20:24.39
	300m: 4:06.25	1:26.31 700m: 10:02.88	1:30.07	1100m: 15:58.26	1:28.68 1500m: 21:50.47
	400m: 5:34.65	1:28.40 800m: 11:33.19	1:30.31	1200m: 17:27.43	1:29.17
5.	Robbie van den BERG	Sbc2000	22:06.49	200301427	22:12.73 +0,75 279
	100m: 1:19.66	1:19.66 500m: 7:16.13	1:30.99	900m: 13:18.95	1:30.12 1300m: 19:22.56
	200m: 2:45.57	1:25.91 600m: 8:47.26	1:31.13	1000m: 14:49.53	1:30.58 1400m: 20:52.39
	300m: 4:14.68	1:29.11 700m: 10:18.59	1:31.33	1100m: 16:20.57	1:31.04 1500m: 22:12.73
	400m: 5:45.14	1:30.46 800m: 11:48.83	1:30.24	1200m: 17:51.42	1:30.85

Programmanr. 10, Heren, 1500m vrije slag

Junioren 4

1.	Luc van EIJDHOVEN	O.Z. & P.C. De Warande	17:39.94	200200139	17:52.45	+0,79	536	
	100m: 1:07.48	1:07.48	500m: 5:52.26	1:11.55	900m: 10:39.99	1:12.26	1300m: 15:29.46	1:12.87
	200m: 2:18.46	1:10.98	600m: 7:03.69	1:11.43	1000m: 11:52.07	1:12.08	1400m: 16:41.89	1:12.43
	300m: 3:29.26	1:10.80	700m: 8:15.76	1:12.07	1100m: 13:04.37	1:12.30	1500m: 17:52.45	1:10.56
	400m: 4:40.71	1:11.45	800m: 9:27.73	1:11.97	1200m: 14:16.59	1:12.22		
2.	Nino van BEEK	Zeps	18:22.09	200202153	18:33.87	+0,74	478	
	100m: 1:07.57	1:07.57	500m: 6:10.00	1:15.32	900m: 11:12.25	1:15.98	1300m: 16:11.34	1:13.59
	200m: 2:22.02	1:14.45	600m: 7:25.19	1:15.19	1000m: 12:28.26	1:16.01	1400m: 17:23.51	1:12.17
	300m: 3:38.03	1:16.01	700m: 8:40.49	1:15.30	1100m: 13:43.52	1:15.26	1500m: 18:33.87	1:10.36
	400m: 4:54.68	1:16.65	800m: 9:56.27	1:15.78	1200m: 14:57.75	1:14.23		
3.	Tim VERSTEEGEN	DBD	19:38.31	200200085	19:08.95	+0,82	436	
	100m: 1:08.18	1:08.18	500m: 6:17.00	1:18.24	900m: 11:30.99	1:16.77	1300m: 16:42.01	1:17.76
	200m: 2:24.33	1:16.15	600m: 7:36.11	1:19.11	1000m: 12:48.77	1:17.78	1400m: 17:59.32	1:17.31
	300m: 3:41.05	1:16.72	700m: 8:55.49	1:19.38	1100m: 14:06.51	1:17.74	1500m: 19:08.95	1:09.63
	400m: 4:58.76	1:17.71	800m: 10:14.22	1:18.73	1200m: 15:24.25	1:17.74		
4.	Huib WARMERDAM	Arethusa	19:59.37	200204043	20:18.62	+0,77	365	
	100m: 1:10.98	1:10.98	500m: 6:32.48	1:21.99	900m: 12:05.11	1:23.15	1300m: 17:35.67	1:22.10
	200m: 2:28.29	1:17.31	600m: 7:55.54	1:23.06	1000m: 13:29.13	1:24.02	1400m: 18:58.97	1:23.30
	300m: 3:48.27	1:19.98	700m: 9:18.47	1:22.93	1100m: 14:51.58	1:22.45	1500m: 20:18.62	1:19.65
	400m: 5:10.49	1:22.22	800m: 10:41.96	1:23.49	1200m: 16:13.57	1:21.99		
5.	Rens MARTENS	ZV Hydra	18:50.66	200202877	20:20.63	+0,76	363	
	100m: 1:08.96	1:08.96	500m: 6:31.31	1:22.78	900m: 12:09.34	1:24.55	1300m: 17:43.18	1:22.81
	200m: 2:26.06	1:17.10	600m: 7:55.34	1:24.03	1000m: 13:33.76	1:24.42	1400m: 19:03.77	1:20.59
	300m: 3:46.18	1:20.12	700m: 9:19.95	1:24.61	1100m: 14:57.10	1:23.34	1500m: 20:20.63	1:16.86
	400m: 5:08.53	1:22.35	800m: 10:44.79	1:24.84	1200m: 16:20.37	1:23.27		
6.	Ivar KOEVOET	V.Z.V. Njord	19:37.80	200200185	20:43.10	+0,77	344	
	100m: 1:15.24	1:15.24	500m: 6:47.01	1:25.01	900m: 12:28.71	1:25.79	1300m: 18:07.34	1:24.21
	200m: 2:36.64	1:21.40	600m: 8:12.45	1:25.44	1000m: 13:53.46	1:24.75	1400m: 19:26.88	1:19.54
	300m: 3:58.25	1:21.61	700m: 9:37.01	1:24.56	1100m: 15:18.70	1:25.24	1500m: 20:43.10	1:16.22
	400m: 5:22.00	1:23.75	800m: 11:02.92	1:25.91	1200m: 16:43.13	1:24.43		
7.	Jep van GEMEREN	Arethusa	20:54.20	200201455	20:51.77	+0,75	337	
	100m: 1:14.06	1:14.06	500m: 6:40.87	1:22.84	900m: 12:17.23	1:24.74	1300m: 17:59.43	1:26.88
	200m: 2:34.74	1:20.68	600m: 8:04.72	1:23.85	1000m: 13:42.71	1:25.48	1400m: 19:27.02	1:27.59
	300m: 3:56.32	1:21.58	700m: 9:28.46	1:23.74	1100m: 15:07.74	1:25.03	1500m: 20:51.77	1:24.75
	400m: 5:18.03	1:21.71	800m: 10:52.49	1:24.03	1200m: 16:32.55	1:24.81		
8.	Dion STAAL	O.Z. & P.C. De Warande	20:47.72	200200065	21:20.50	+0,70	315	
	100m: 1:12.48	1:12.48	500m: 6:46.47	1:24.62	900m: 12:34.29	1:27.79	1300m: 18:26.25	1:28.76
	200m: 2:33.96	1:21.48	600m: 8:11.36	1:24.89	1000m: 14:01.77	1:27.48	1400m: 19:54.26	1:28.01
	300m: 3:57.74	1:23.78	700m: 9:38.83	1:27.47	1100m: 15:30.50	1:28.73	1500m: 21:20.50	1:26.24
	400m: 5:21.85	1:24.11	800m: 11:06.50	1:27.67	1200m: 16:57.49	1:26.99		

Jeugd 1 en 2

1.	Janne ENGLEBERT	Hieronymus	17:36.43	200101561	17:31.83	+0,83	568	
	100m: 1:04.19	1:04.19	500m: 5:43.00	1:09.72	900m: 10:23.39	1:10.98	1300m: 15:10.20	1:12.35
	200m: 2:12.82	1:08.63	600m: 6:52.55	1:09.55	1000m: 11:34.71	1:11.32	1400m: 16:22.00	1:11.80
	300m: 3:22.91	1:10.09	700m: 8:02.52	1:09.97	1100m: 12:45.74	1:11.03	1500m: 17:31.83	1:09.83
	400m: 4:33.28	1:10.37	800m: 9:12.41	1:09.89	1200m: 13:57.85	1:12.11		
2.	Tom BALSEN VERSTEEG	O.Z. & P.C. De Warande	17:29.84	200005673	17:51.42	+0,62	537	
	100m: 1:04.51	1:04.51	500m: 5:43.66	1:09.82	900m: 10:33.37	1:12.77	1300m: 15:25.92	1:11.59
	200m: 2:13.30	1:08.79	600m: 6:53.58	1:09.92	1000m: 11:47.35	1:13.98	1400m: 16:39.00	1:13.08
	300m: 3:23.20	1:09.90	700m: 8:06.87	1:13.29	1100m: 13:00.86	1:13.51	1500m: 17:51.42	1:12.42
	400m: 4:33.84	1:10.64	800m: 9:20.60	1:13.73	1200m: 14:14.33	1:13.47		
3.	Maikel van der LINDEN	Zv Kimbria	17:46.75	200003797	18:06.73	+0,71	515	
	100m: 1:07.01	1:07.01	500m: 5:53.00	1:11.47	900m: 10:45.53	1:14.00	1300m: 15:41.75	1:15.03
	200m: 2:18.91	1:11.90	600m: 7:05.67	1:12.67	1000m: 11:59.14	1:13.61	1400m: 16:55.74	1:13.99
	300m: 3:29.85	1:10.94	700m: 8:18.28	1:12.61	1100m: 13:13.12	1:13.98	1500m: 18:06.73	1:10.99
	400m: 4:41.53	1:11.68	800m: 9:31.53	1:13.25	1200m: 14:26.72	1:13.60		
4.	Marijn van KEULEN	AquAmigos	19:51.78	200101855	19:23.79	+0,84	419	
	100m: 1:10.44	1:10.44	500m: 6:14.90	1:17.05	900m: 11:29.06	1:18.76	1300m: 16:45.64	1:20.01
	200m: 2:24.88	1:14.44	600m: 7:32.79	1:17.89	1000m: 12:48.33	1:19.27	1400m: 18:05.49	1:19.85
	300m: 3:40.89	1:16.01	700m: 8:51.51	1:18.72	1100m: 14:06.64	1:18.31	1500m: 19:23.79	1:18.30
	400m: 4:57.85	1:16.96	800m: 10:10.30	1:18.79	1200m: 15:25.63	1:18.99		
5.	Chiel de POOTER	De Schelde	19:19.62	200101355	19:35.74	+0,82	407	
	100m: 1:06.33	1:06.33	500m: 6:14.14	1:19.05	900m: 11:33.50	1:20.23	1300m: 16:57.11	1:20.94
	200m: 2:21.33	1:15.00	600m: 7:33.57	1:19.43	1000m: 12:54.02	1:20.52	1400m: 18:17.08	1:19.97
	300m: 3:37.86	1:16.53	700m: 8:53.64	1:20.07	1100m: 14:14.76	1:20.74	1500m: 19:35.74	1:18.66
	400m: 4:55.09	1:17.23	800m: 10:13.27	1:19.63	1200m: 15:36.17	1:21.41		
6.	Brian van GENNIP	ZV Hydra	19:17.64	200003573	19:48.94		393	
	100m: 1:07.30	1:07.30	500m: 6:18.75	1:20.87	900m: 11:43.03	1:21.48	1300m: 17:09.93	1:22.40
	200m: 2:21.96	1:14.66	600m: 7:39.30	1:20.55	1000m: 13:03.99	1:20.96	1400m: 18:30.35	1:20.42
	300m: 3:39.12	1:17.16	700m: 9:00.35	1:21.05	1100m: 14:25.51	1:21.52	1500m: 19:48.94	1:18.59
	400m: 4:57.88	1:18.76	800m: 10:21.55	1:21.20	1200m: 15:47.53	1:22.02		

Programmanr. 10, Jongens, 1500m vrije slag, Jeugd 1 en 2

rang	naam	vereniging	intijd	tijd	RT	
7.	Lars KAMMERS	Hieronymus	19:04.08	200100497	20:25.62 +0,66 359	
	100m: 1:11.08	1:11.08	500m: 6:36.18	1:23.22	900m: 12:08.53	1:23.01
	200m: 2:30.70	1:19.62	600m: 7:59.30	1:23.12	1000m: 13:31.94	1:23.41
	300m: 3:51.54	1:20.84	700m: 9:22.49	1:23.19	1100m: 14:55.28	1:23.34
	400m: 5:12.96	1:21.42	800m: 10:45.52	1:23.03	1200m: 16:18.82	1:23.54
						1300m: 17:41.93
						1400m: 19:05.21
						1500m: 20:25.62
						1:23.11
						1:23.28
						1:20.41

Senioren 1 en ouder

1.	Wietse BEERENS	Dommelbaarzen	17:07.49	198700159	17:25.45 +0,78 578	
	100m: 1:02.75	1:02.75	500m: 5:37.17	1:09.44	900m: 10:21.24	1:11.29
	200m: 2:10.16	1:07.41	600m: 6:47.77	1:10.60	1000m: 11:32.96	1:11.72
	300m: 3:18.33	1:08.17	700m: 7:59.31	1:11.54	1100m: 12:44.05	1:11.09
	400m: 4:27.73	1:09.40	800m: 9:09.95	1:10.64	1200m: 13:55.50	1:11.45
						1300m: 15:06.73
						1400m: 16:17.96
						1500m: 17:25.45
						1:11.23
						1:11.23
						1:07.49
2.	Jordy SEVERINS	Eurode Kerkrade	17:46.56	199800559	18:07.18 +0,83 514	
	100m: 1:05.03	1:05.03	500m: 5:48.50	1:12.24	900m: 10:42.24	1:13.90
	200m: 2:14.29	1:09.26	600m: 7:00.64	1:12.14	1000m: 11:57.49	1:15.25
	300m: 3:25.09	1:10.80	700m: 8:14.57	1:13.93	1100m: 13:11.97	1:14.48
	400m: 4:36.26	1:11.17	800m: 9:28.34	1:13.77	1200m: 14:26.38	1:14.41
						1300m: 15:41.14
						1400m: 16:54.93
						1500m: 18:07.18
						1:14.76
						1:13.79
						1:12.25
3.	Vincent DERMAUX	AquaDream	17:36.72	199600599	18:27.58 +0,77 486	
	100m: 1:05.40	1:05.40	500m: 6:00.39	1:13.94	900m: 11:01.06	1:15.18
	200m: 2:18.25	1:12.85	600m: 7:15.43	1:15.04	1000m: 12:16.57	1:15.51
	300m: 3:31.99	1:13.74	700m: 8:30.59	1:15.16	1100m: 13:31.06	1:14.49
	400m: 4:46.45	1:14.46	800m: 9:45.88	1:15.29	1200m: 14:46.58	1:15.52
						1300m: 16:01.61
						1400m: 17:16.10
						1500m: 18:27.58
						1:15.03
						1:14.49
						1:11.48